



## Freegrounds Junior School - Safeguarding within our curriculum

Relationships and Sex	Emotional and Physical Abuse	Drugs, Alcohol and Tobacco	Online Safety
<ul style="list-style-type: none"> <li>Maintaining positive relationships – PSHE Coram Life units (Year 3, 4, 5 &amp; 6 – Aut 1, Year 6 – Spring 1, Year 3, 4 &amp; 5 – Summer 1, Year 3 &amp; 5 – Summer 2, Coram Life Space visit (Year 3, 4, 5 &amp; 6 workshops))</li> <li>Understanding changes in puberty – PSHE Coram Life units (Year 5 – Aut 1, Year 4 &amp; 6 – Summer 2)</li> <li>Understand how babies are conceived – PSHE Coram Life units (Year 6 – Summer 2)</li> </ul>	<ul style="list-style-type: none"> <li>Appropriate boundaries in relationships and how to deal with pressure from relationships – PSHE Coram Life units (Year 3, 4 &amp; 6– Aut 1, Year 4 &amp; 5 – Spring 1, Year 5 – Summer 2)</li> <li>Appropriate and inappropriate touch – PSHE Coram Life units (Year 6 – Aut 1, Year 4 – Summer 1, Year 3 – Summer 2)</li> <li>Safe and unsafe secrets – PSHE Coram Life units (Year 3 &amp; 4 – Summer 2)</li> </ul>	<ul style="list-style-type: none"> <li>Medicines - PSHE Coram life units (Year 3, 4 &amp; 5 – Spring 1)</li> <li>Risks of cigarettes and alcohol – PSHE Coram Life units (Year 3, 4, 5 &amp; 6 – Spring 1, Year 5 – Spring 2)</li> <li>Drugs – PSHE Coram Life units (Year 6 – Spring 1)</li> <li>Coram Life Space visit (Year 3, 4, 5 &amp; 6 workshops)</li> </ul>	<ul style="list-style-type: none"> <li>Discrete e-safety units across the key stage</li> <li>Integrated as part of the Computing curriculum</li> <li>E-safety as part of PSHE Coram life units, interwoven throughout (Includes: sharing images online, how to be objective of information shared, stereotypes, rules of social media etc.)</li> <li>Internet safety day assembly</li> <li>Coram Life Space visit (Year 3, 4, 5 &amp; 6 workshops)</li> </ul>
Bullying	Physical Health	Mental Health and Wellbeing	FGM and Forced Marriage
<ul style="list-style-type: none"> <li>Anti-bullying week</li> <li>Wellbeing champions</li> <li>Whole school and class assemblies</li> <li>PSHE Coram life units (Year 4 – Aut 1, Year 4 – Aut 2, Year 4 &amp; 5– Spring 1, Year 3 &amp; 6– Summer 1)</li> </ul>	<ul style="list-style-type: none"> <li>Body hygiene – PSHE Coram life units (Year 5 – Aut 1, Year 3 – Spring 2, Year 4 &amp; 6 – Summer 2)</li> <li>Calling 999 – PSHE Coram Life units (Year 4, 5 &amp; 6– Spring 2, Year 3 – Summer 2)</li> <li>First aid – PSHE Coram Life units (Year 4, 5 &amp; 6 – Spring 2, Year 3 – Summer 2)</li> <li>Keeping fit, eating healthily and sleep (Science &amp; PE curriculum, PSHE Coram Life Units – Year 3, 4 &amp; 5 – Spring 2, Coram Life Space visit (Year 3, 4, 5 &amp; 6 workshops))</li> <li>People who keep us safe and healthy – PSHE Coram Life units (Year 3 &amp; 4– Aut 2, Year 3 – Spring 1)</li> <li>Identifying safe and unsafe situations – PSHE Coram Life units (Year 3, 4 &amp; 5 – Spring 1, Year 5 – Spring 2, Year 3 &amp; 4– Summer 2)</li> <li>Sports leaders at lunchtimes</li> <li>Extra – curriculum clubs</li> <li>Inter-house and community competitions</li> <li>MOKI fitness bands</li> </ul>	<ul style="list-style-type: none"> <li>Trick box</li> <li>Mental health and wellbeing week</li> <li>Weekly circle times</li> <li>All PSHE Coram Life units</li> <li>Wellbeing champions</li> <li>LEGO therapy, ELSA, TALA, Social Skills programme, THRIVE, Emoji group for targeted children</li> <li>Yoga PE units in Year 4 &amp; 6</li> <li>Time to Talk pegs</li> <li>Coram Life Space visit (All year groups)</li> </ul>	<ul style="list-style-type: none"> <li>NSPCC PANTS rule (Year 5 &amp; 6 –Aut 1, Year 3 – Summer 2)</li> <li>Laws around marriage – PSHE Coram Life units (Year 6 – Aut 1, Year 4 – Summer 2)</li> <li>Appropriate and inappropriate touch – PSHE Coram Life units (Year 6 – Aut 1, Year 4 – Summer 1, Year 3 – Summer 2)</li> </ul>
Radicalisation and Extremism	Equality and Diversity	CSE	Fire and Water Safety
<ul style="list-style-type: none"> <li>Prevent training advice followed</li> <li>Assemblies celebrating diversity and British Values</li> <li>Visits from people of different faiths</li> </ul>	<ul style="list-style-type: none"> <li>RE curriculum</li> <li>Promoting British Values</li> <li>Supporting charity events (eg. NSPCC number day)</li> <li>Whole school and class assemblies (Inc. Black history month, Chinese New Year)</li> <li>Democracy in Britain – PSHE Coram Life units (Year 6 – Aut 2)</li> <li>PSHE Coram Life unit – Valuing difference (All year groups – Summer 1)</li> </ul>	<ul style="list-style-type: none"> <li>NSPCC PANTS rule (Year 5 &amp; 6 –Aut 1, Year 3 – Summer 1)</li> <li>Appropriate and inappropriate touch – PSHE Coram Life units (Year 6 – Aut 1, Year 4 – Summer 1, Year 3 – Summer 2)</li> <li>Sharing images online – PSHE Coram Life units (Year 6 – Summer2)</li> </ul>	<ul style="list-style-type: none"> <li>Year 5 swimming</li> <li>Year 5 Hamble river educational visit</li> <li>Assembly addressing safety during firework night</li> <li>Assembly addressing water safety – Summer 1</li> <li>Little Canada Year 6 residential – water safety</li> <li>Pond safety when using the school grounds</li> </ul>
Stranger Awareness	Road and Rail Safety	Rights of a Child	Safe use of Equipment
<ul style="list-style-type: none"> <li>School educational visits safety if separated from group</li> </ul>	<ul style="list-style-type: none"> <li>Bikeability Year 6</li> <li>Road safety and Walk to School Weeks</li> <li>PSHE Coram Life units (Year 3 &amp; 4 – Spring 1)</li> </ul>	<ul style="list-style-type: none"> <li>Writing of class charter – PSHE Coram life units (All Years – Aut 1)</li> <li>Voting for pupil voice representatives</li> </ul>	<ul style="list-style-type: none"> <li>Safety in PE</li> <li>Safety in Science (Hampshire Safety in Science Cards)</li> <li>Safety in DT – using tools, food hygiene</li> <li>Safety in the school grounds – using garden tools</li> </ul>